

光華獨立中學

S. M. Kwang Hua (Persendirian)
Kwang Hua Private High School

编号: KHPHS.01-4/4/1(57)

日期: 15.10.2025

致: 全体教职员、学生及家长

关于加强新型流感防控工作的通知

近期, 卫生部门通报全国新型流感病例持续上升, 疫情已进入活跃传播阶段。为维护师生及家长的健康安全, 学校特别提醒大家务必提高警惕, 落实以下防控措施:

1. 提高防疫警觉, 强化自我保护

全体教职员工、学生与家长应保持防疫意识, 减少不必要的外出与聚集活动。外出时务必佩戴口罩, 勤于洗手与消毒, 保持室内空气流通, 注意休息与均衡饮食, 以增强抵抗力。

2. 遵循防疫规定, 主动健康管理

若出现发热、咽喉不适、咳嗽、流鼻涕或其他疑似症状, 请及时就医并依照医师建议居家休养。学校将依照卫生部要求, 对确诊或疑似病例实施居家隔离, 确保校园环境安全。

3. 兼顾健康与学业, 稳步迎接考试

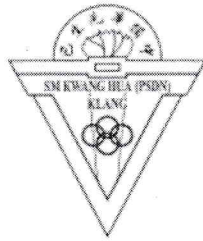
随着期末与各类考试临近, 请同学们务必做好健康防护, 避免因身体不适影响考勤与考试表现。

学校再次呼吁全体教职员生保持高度自律, 积极配合防疫, 共同营造安全健康的校园环境。愿大家平安健康, 顺利完成本学期各项学习任务。

此布, 敬请垂注, 谢谢。

校长室 启





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To : All Teachers and Staff / Parents / Guardians / Students

NOTICE ON NEW INFLUENZA PREVENTION

Recently, the Ministry of Health (MOH) has reported a continuous increase in new influenza cases nationwide, and the epidemic has entered an active transmission phase. To protect the health and safety of all teachers, students, and parents, the school hereby reminds everyone to stay alert and strictly implement the following prevention and control measures:

1. Enhance Awareness and Strengthen Self-Protection

All teachers, staff, students, and parents should maintain a high level of vigilance and awareness regarding epidemic prevention. Avoid unnecessary outings and gatherings. Always wear a mask when going out, wash hands frequently, use disinfectants regularly, keep indoor areas well ventilated, get adequate rest, and maintain a balanced diet to strengthen immunity.

2. Follow Prevention Guidelines and Manage Health Proactively

Anyone experiencing symptoms such as fever, sore throat, cough, runny nose, should seek medical attention promptly and follow the doctor's advice for home rest. In accordance with the requirements of the Ministry of Health, the school will implement home isolation for confirmed or suspected cases to ensure school safety.

3. Balance Health and Academics, Prepare Steadily for Exams

As final and other important examinations approach, students are reminded to prioritise their health and take preventive measures to avoid illness that may affect attendance or academic performance.

The school once again urges all teachers, staff, and students to remain disciplined and cooperate actively in epidemic prevention efforts, working together to maintain a safe and healthy school environment.

We wish everyone good health and success in completing all academic tasks this semester.

Thank you.

The Principal's Office

